

Children and Youth Mental Health Committee's 2013 Strategic Plan

| Goals | Timeline | Who |
|--|---|-------------------------|
| <p>Goal 1:</p> <p>Suggest Guiding Principles for an OCMH supporting mental health from birth to adulthood and to coordinate and integrate prevention, early intervention and treatment services for children and their families.</p> <ol style="list-style-type: none"> 1. <i>Review the research on other states' Office of Children's Mental Health guiding principles as well as the guiding principles from Wisconsin organizations such as Wisconsin Family Ties, Wisconsin Collaborative Systems of Care, Wisconsin Alliance for Infant Mental Health, etc.</i> 2. <i>Review the original budget language and the current legislation to inform the guiding principles.</i> 3. <i>Develop and send a draft of the proposed guiding principles to the Wisconsin Council on Mental Health for approval at the July meeting.</i> 4. <i>Establish the Children and Youth committee as having an advisory relationship with the OCMH with a member of the Office serving on the C & Y committee of the MHC.</i> <p>Possible Guiding Principles to be considered that came up in the discussion:</p> <ul style="list-style-type: none"> • Integrate meaningful parent, youth and family involvement in all systems. • Develop trauma informed and culturally sensitive policies in all departments. • Develop a system that focuses on a continuum of services including prevention, early intervention, and treatment. • Awareness of the mental health needs across the lifespan of children from prenatal to adulthood. • The OCMH will develop a strategic plan to coordinate across systems/departments and others participate in developing the plan • Incorporate professionals into input and participation of the strategic plan • Assure a partnership and commitment by all levels of government, state, local, tribal, etc. for consistency and collaboration with the Office of Children's Mental Health (communication and coordination at a higher level) | <p>Completed</p> <p>Completed</p> <p>Completed</p> | <p>Workgroup</p> |

Goal 2:

Provide parents and helping professionals working with infants and young children the knowledge, skills and practices that support healthy social and emotional child development in prevention and intervention services.

1. *Advance specialized skills and requirements for mental health competencies for professionals and paraprofessionals working with young children and infants.*
2. *Integrate relationship based practices into core competencies or services prenatal through childhood.*
3. *Promote awareness of infant mental health.*
4. *Identify and recruit partners to collaborate to achieve goals across service systems.*
5. *Gather relevant data and financing information to inform and support benefits and outcomes of early childhood and infant mental health proficiency.*
6. *Ensure practice and policies require individualized, culturally astute services.*
 - a. *Build a data system*
 - b. *Develop a standard of practice*

Goal 3:

Increase access and quality of wraparound services/expansion of Coordinated Service Teams.

1. *Review the survey results to develop committee action plan to address the identified needs for Coordinated Service Teams and expansion.*
 - a. *Report to the Mental Health Council on challenges and issues.*
 - b. *Collect data on the long-term impact of CST on children*
 - c. *Access for all children with mental health needs to wraparound/CST services*
2. *Review of Mental Health/Substance Abuse Block Grant with focus on CST funds and function.*
3. *For the purpose of the future development of Coordinated Service teams by the August meeting review the survey results and legislation for January implementation.*
 - a. *Increase peer support*
 - b. *Increase family and youth involvement*
 - c. *Improve data collection and analysis*