

Children and Youth Committee of the Wisconsin Mental Health Council

Minutes (Draft Rev. 2)

January 3, 2013

Room 850A, 1 West Wilson St., Madison

In attendance: Co-Chair: Jackie Baldwin, Staci McNatt, Missy Zoepfel, Peggy Helm-Quest, Mark Allen, Dan Naylor, Marie Danforth, Phil Robinson, Paula Buege, and Nic Dibble.

Call to Order:

Welcome and Introductions

Guidelines for Conduct of Meeting

December 6 minutes will be available soon.

No announcements or public comment.

Revised 2013 New Meeting Location for even months

New location will be at the Home Savings Bank at 3762 East Washington St. Next meeting will be February 7th. A complete 2013 schedule will be shared with committee members with the December minutes.

Review and update participant and meeting guidelines

Jackie went over portions of the Bylaws of the Council on Mental Health

CST Update

- Dan and Marie

3 tribes and 2 counties were recently notified that they received CST grant awards

Dan reported on two recent trainings conducted by White Pine—a 2 day training at Waupaca County on service coordination and at Dodge County 6 counties were trained on engaging natural supports training—Dan agreed to share information regarding the engaging natural supports training.

Upcoming activities will include working with Dodge County school officials on sustainability after a federal education grant ended, CESA 12 has requested assistance because resources seem to be diminishing for children with mental health needs, and training Juvenile Justice Workers in Rock County on the CST concept.

Dan also reported that Mary Kennedy, a White Pine consultant is very ill, and asked to keep her in your prayers.

Response to Sandy Hook----

Marie shared several articles on the Sandy Hook incident.

The committee discussed the governor's plans to address the Sandy Hook tragedy here in Wisconsin and that it would be important for this committee as well as the Mental Health Council to be involved. Thus it was decided that the committee should come up with some recommendations for the governor quickly. Later in the meeting it was discussed that the goal of this activity is to make sure we are involved in the discussion and have a seat at the table.

Peggy suggested we look at gaps in the system. The analysis could be guided by an AACAP article: Best Principles for Integration of Child Psychiatry into the Pediatric Health Home (June 2012) which describes levels of complexity of patient's mental health needs (a comprehensive approach—that also demonstrates continuity of care). The levels are as follows (the article further defines them):

Preventive services and screening

Early intervention and Routine Care provision

Specialty consultation, treatment, and coordination

Intensive mental health services for complex clinical problems

The following areas were discussed as areas that need serious attention (funding)

Promote and expand CST

Improve access to child psychiatrists—consider incentives

Promote and Expand peer support and parent peer support

Promote early intervention and prevention

Promote Trauma Informed Care and Trauma Specific Treatments.

Support Evidence Based Practices (could put incentives in Medicaid)

Transition Age Youth

High incidence of antipsychotics and psychotropic drug prescribing, in lieu of treatment

Focus on the social emotional well being/mental health of infants and young children

Expand Mental Health Services in the schools

Expand Medicaid and make it more flexible—for example fund prevention and psychiatric consultation (doctor to doctor)

Tell the governor we need a real system of care for children.

It was suggested that the following folks be involved:

Dan, Staci, Kim, Jo and Phil -- Governors news article

Update on Legislation and Policy Committee

The next meeting of L & P committee will be Thursday, January 10, 2013.

Special Needs Vouchers

Paula reported that although the special needs vouchers legislation did not pass during the last legislative session, there are strong indications that it will be resurrected again during this session. This is a serious piece of legislation that can have great impact on the public schools and the rights of children with special needs. Paula indicated that a coalition of parents is being formed to oppose it.

Office of Children's Mental Health

Phil Robinson suggested that this was still an outstanding issue that the committee should discuss. It was decided the committee would take a look at how other state's mental health systems are organized. Marie and Paula agreed to research and report back at the April 4th meeting where this will be put on the agenda.

Revised Vision/Mission Changes

It was decided to put this on the next meeting agenda after people had a chance to review the December minutes which may have contained more detail than the draft that was provided for the meeting.

Strategic Plan Direction

Originally the plan was for a subcommittee to review the plan handout and update it. It was suggested that the committee review the original strategic plan (Dan may have a copy of the original and will send it out). Members of the committee are being asked to identify items that have been completed and prioritize the ones remaining as well as consider any additions.

Future Agenda Items

Invite Dave Riemer of Community Advocates in Milwaukee to speak on the question – What does the Affordable Care Act mean for children's mental health? This would be planned for the April 4th joint meeting with the L and P committee. Paula volunteered to take the lead on this with support from Phil.

Vision/Mission Discussion.

What are the best state models for the organization of children's mental health?
Marie and Paula.

Some Suggested Agenda items for the February 7th meeting include:

- CST update
- Response to Sandy Hook update
- Update on L & P committee
- Review revised Vision/Mission changes
- Strategic Plan review (it was suggested to schedule the bulk of the meeting for this – if possible)
- Integrating Mental Health into the Public Health agenda – Peggy

Adjourn

The meeting was adjourned at approximately 3:15.