



State of Wisconsin

Wisconsin Council on Mental Health

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Meeting of the Wisconsin Council on Mental Health (WCMH) Executive Committee

January 4, 2016 from 2:00 p.m. to 3:30 p.m.

1 West Wilson Street, Conference Room 850-B, Madison, Wisconsin

Members of the Executive Committee in Attendance: Karen Herro, Julie-Anne Braun, Matt Strittmater, Bonnie MacRitchie, Shel Gross, Mishelle O'Shasky

Department of Health Services (DHS) Staff in Attendance: Ryan Stachoviak

MINUTES

Item 1: Call to Order

Review and Approval of Draft Executive Committee Minutes of November 2, 2015

S. Gross moved to approve the minutes of November 2, 2015.

J. Braun seconded the motion.

Motion carries, B. MacRitchie and K. Herro abstain.

Item 2: Executive Committee Business

Substance Abuse and Mental Health Services Administration (SAMHSA) Technical Assistance

M. Strittmater noted that SAMHSA recently offered Technical Assistance (TA) for state planning councils. There was not much time to respond. SAMHSA offers many opportunities ranging from strategic planning to leadership development. M. Strittmater asked if there are certain kinds of TA which committee members think would be useful in the future. S. Gross suggested that leadership training may be an option for future training. Committee members expressed interest in learning more about the opportunities; additional training would be welcome to help skill building for those members of the WCMH who may be interested. It is important to find out how beneficial the meetings would be.

S. Gross noted that following up on previous WCMH orientation discussions will be important. R. Stachoviak stated that WCMH staff members have been developing plans to create an online orientation page for the WCMH and committees. J. Braun noted she would be willing to provide recommendations feedback regarding a WCMH orientation.

Mental Health Data

M. Strittmater discussed Rick Immler's concerns regarding Wisconsin's mental health system having a high rate of hospitalization in comparison to neighboring states. The discussion concluded that Wisconsin to Minnesota, or other states, is not really an apple to apples comparison. However, there was agreement that the data does indicate that there are high rates of hospitalization. The question is what is the Council going to do about this if

everyone can agree that there is a problem. At a minimum, if this is a concern, what are the efforts which are being done to make an impact?

J. Braun noted that R. Immler wanted more data, but the general agreement is that the data will show what we think it will show. Now that we know that these numbers are higher, what is being done? It may be beneficial to brainstorm why the Council thinks these numbers are higher. M. Strittmater suggested this be a discussion item at the WCMH meeting with DMHSAS. DMHSAS can discuss the initiatives which are being done to impact these rates.

WCMH Fall Tour

Members of the committee discussed the WCMH Fall Tour. M. O'Shasky suggested the tour somehow involve the juvenile justice system. S. Gross suggested the tour be a balance of traveling around a county, visiting various sites, and also attending presentations. Visiting a Peer Run Respite would be topical. M. Strittmater noted that there is a concern that CCS may become a large price tag. Given this concern it would wise to get a good sense of CCS efforts, and the outcomes of the program. Moving the WCMH meeting to September 13 to 14 may be a better option to conflict with other events in September. R. Stachoviak will send email to members of the Council to address a possible change to the fall tour dates in 2016.

Item 3: Committee Updates and Action Items for WCMH Meeting on November 18, 2015

Criminal Justice Committee (CJC)

M. O'Shasky provided an update on the CJC. The committee previously discussed Department of Corrections practices for pregnant women. The group was pleased to learn that practices have changed. Women are no longer restrained during labor and delivery. Discussions were also held regarding providing support for outside organizations and programs. The committee plans to address criteria for providing such support at future meetings. The CJC is currently without a co-chair.

Legislative and Policy Committee (LPC)

S. Gross discussed current LPC efforts. At this moment the LPC does not have any motions to bring to the next WCMH meeting. The LPC expects a number of bills from the Assembly mental health committee to be available sometime soon. If so, these bills may be discussed at the next LPC meeting and motions may be brought to the WCMH meeting.

The LPC has also been working on a more formalized process for bill tracking. The goal of these efforts is to be more efficient and focus efforts. S. Gross may present this plan at the upcoming WCMH meeting. Dori Richards provided a presentation regarding Deaf and Hard of Hearing services for people in Minnesota. Other discussions included Health Management Organizations (HMO) and access to behavioral health services, and the Trempealeau County IMD. C. Keen and Stacy Paul have resigned from the committee. The LPC plans to have discussions regarding membership at the upcoming meeting.

Adult Quality Committee (AQC)

K. Herro stated that the AQC will be discussing Peer Run Respite at the February meeting. Overall efforts are focused on increasing consumers' access to services.

Children and Youth Committee (CYC)

B. MacRitchie provided an update regarding the CYC. There are no specific motions for the upcoming meeting. There have been discussions regarding a children's mental health news series being done by Gannet. The CYC wanted to confirm that sharing the Budget 2.0 recommendations with the reported is appropriate. M. Strittmater stated that as this document was officially approved by the Council it could be shared. S. Gross noted that providing context is important, that the list is not all-inclusive. Most recently the CYC discussed strategic planning and the committee is moving forward with the process. The CYC has also looked at 2016 planning and has discussed how to utilize the information which is received by the CYC, and put that into action. The CYC plans to use two different meeting formats, alternating between business meetings and action meetings. These meetings will alternate every other month. Prevention/early intervention, the block grant, and access to services are overarching domains the CYC wants to focus on. The committee wants to focus on specific goals, which the committee can impact.

Nominating Committee

R. Stachoviak noted that Barbara Buffington was appointed to the WCMH by the Governor.

Item 4: Proposed Agenda for January 20, 2016

The committee discussed and modified the WCMH agenda for January 20th. M. Strittmater recommended the following future agenda items: the Affordable Care Act, standardized county reports, and stigma.

Item 5: Adjourn

Meeting adjourned at 3:30pm.