



State of Wisconsin

Wisconsin Council on Mental Health

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**Meeting of the Wisconsin Council on Mental Health
July 19, 2017, 10:00 am to 3:30 pm
Division of Vocational Rehabilitation, 1801 Aberg Avenue
Madison, WI 53704**

Members of the Wisconsin Council on Mental Health (WCMH) in Attendance: Karen Iverson Riggers, Mishelle O'Shasky, Sheli Jo Metzger, Matt Strittmater, Barbara Buffington, Bonnie MacRitchie, Pat Cork, Mark Lausch, Jaqueline Borthwick, Beth Clay, Tracey Hassinger, Inshirah Farhoud

Members of the WCMH in Attendance via Conference Call: Amy Polsin, Rick Immler, Kimberlee Coronado

Guests in Attendance: Norm Briggs, Duncan Shrout, Joanne Juhnke, Crystal Hester, Nate Schorr, Barb Bigalke, Mike Crum

Department of Health Services (DHS) Staff in Attendance: Joyce Allen, Mike Derr, Ryan Stachoviak, Kay Cram, Sarah Coyle, Dan Kiernan, Teresa Steinmetz, Scott Stokes, Holly Audley

MINUTES

Item 1: Call Council Meeting to Order

Review and Approval of Minutes of WCMH meeting of May 17, 2017

M. Strittmater moved to approve the minutes of May 17, 2017

B. MacRitchie seconded the motion.

Motion carries, minutes approved.

Announcements

D. Shrout announced that the SCAODA is looking for new recruits.

Item 2: Mental Health and Substance Abuse Block Grant Review and Discussion

R. Stachoviak and J. Allen provided a briefing on the Substance Abuse Block Grant (SABG) and Mental Health Block Grant (MHBG) plan and application. Wisconsin will again be filing a combined SABG and MHBG application for Federal Fiscal Years 2018-2019. The combined application is due to the Substance Abuse and Mental Health Services Administration (SAMHSA) on September 1, 2017. The projected amount Wisconsin will receive in FFY 2018 via the SABG is \$27,146,120 and via the MHBG is \$6,386,701. States have been instructed to develop MHBG plans using the President's Federal Budget Plan. Wisconsin's MHBG award amount in this budget is \$6,386,701, a reduction of \$2,346,187 from Wisconsin's FFY 2017 award amount. The President's Budget Plan

reduced the SABG program by \$51,863 (a 0.2% reduction). Due to the reduction in the MHBG several programs and efforts currently funded by the MHBG would need to be reduced or eliminated.

Members of the WCMH and SCAODA provided the following comments on the MHBG and SABG plan and application:

- Members of the WCMH expressed their concern over the reduction in MHBG funding called for in the President's budget.
- M. O'Shasky noted that many providers require more culturally appropriate training.
- D. Shroul noted that tobacco use should be given attention as it is a gateway substance. Tobacco use is also often driven by other significant mental health and substance abuse issues.
- J. Borthwick noted the importance of providing diversity training for providers. Quality training for working with special populations is critical for providing quality services for people of different cultures and backgrounds.
- M. O'Shasky noted the importance of opiate education and prevention for children.
- N. Briggs suggested that the methamphetamine related priority be scaled back to make it a more realistic goal for year one and year two.
- Housing is an important component to consider for those with mental health and substance use needs.
- Many who are providing services in the criminal justice system are not adequately utilizing Evidence Based Practices (EBPs).
- M. Strittmater encouraged the State to utilize outcomes versus outputs whenever possible.
- M. Strittmater suggested that the State work to address the treatment gap and disparities among various parts of the state that is evident in the Needs Assessment.
- Suicide prevention is a clear need and concern. The state should make whatever efforts necessary to continue addressing high rates of suicide and conducting suicide prevention activities. Members of the WCMH expressed concern over the reduction of MHBG funding cutting suicide prevention services.
- B. Buffington recommended that the State include a priority area that focuses on children's mental health.
- Members of the Council suggested sending a letter to Wisconsin's Congressional delegation to inform them of the Council's concerns regarding the planned reduction to the MHBG.
- Public comment was provided by Crystal Hester from NAMI Wisconsin, Joanne Juhnke from Wisconsin Family Ties, and Barb Bigalke and Mike Crum on behalf of the Center for Suicide Awareness and the HOPELINE.
- Members of the Council voiced support for the HOPELINE.

Item 3: Block Grant Public Comment

Public comment was provided by Crystal Hester from NAMI Wisconsin (attached) and Joanne Juhnke from Wisconsin Family Ties (attached). Barb Bigalke and Mike Crum provided comment on behalf of the Center for Suicide Awareness and the HOPELINE. The HOPELINE is a statewide crisis text line. The elimination of funding for suicide in the MHBG would impact suicide prevention programs like the HOPELINE. This cut is concerning as the HOPELINE has increasingly become a relied upon resource for people in need of behavioral health support. The HOPELINE also serves in particular, members of the LGBT community and veterans. The HOPELINE has also been an avenue to identify people who are in need of immediate response due to an opiate overdose or a suicide attempt. B. Bigalke urged that funding for suicide prevention be retained in the MHBG budget. M. Crum noted the importance of suicide prevention for veterans and their families. There is a great need in the community to

provide services and programming for this population. In particular a high rate of suicide is observed among military families.

R. Stachoviak noted he would send to the members of the WCMH any additional written comment regarding the block grant plan that has been received by the BPTR.

Item 4: Working Lunch

Item 5: Council Committee Reports, Discussion and Recommendations

Executive Committee

➤ Fall Tour Planning

Members of the WCMH discussed options for the fall tour. Members expressed interest in holding a tour in northern Wisconsin, in the Ashland area. Ideas that were mentioned for visits was the FQHC North Lakes in Ashland, the Memorial Medical Center, CCS programs in the area, the Tribal Nations in the region.

➤ Committee Charters

Members of the WCMH discussed the committee charter document. Each committee has developed a draft charter.

M. Strittmater moved to approve the Committee Charter document.

B. MacRitchie seconded the motion.

Motion carries, Committee Charter document approved.

K. Iverson Riggers discussed the draft Strategic Plan that was introduced to the WCMH. Each committee should devote time to reviewing the document. Committees should ask themselves if the strategic plan provides enough guidance to the committees and meet the needs of each committee.

Legislative and Policy Committee (LPC)

K. Iverson Riggers provided an update on recent LPC meetings. The LPC continues to track the State budget process and federal legislation related to healthcare. The LPC also received an update on IPS from BPTR staff.

➤ Motion: Support AB29 - Requirements for Licensure as a Clinical Social Worker

K. Iverson Riggers discussed the motion from the LPC to support AB29. The legislation provides protections to consumers who are being treated by clinical social workers by ensuring that these social workers are qualified and have the number of clinical hours necessary to properly diagnose and treat various different mental illnesses. Currently, the Examining Board of Professional Counselors, Marriage and Family Therapists and Social Workers requires 3,000 supervised clinical hours of which 1,000 of these hours should be designated to diagnosis and treatment. The Examining Board has had this authority since the beginning of certification in 1995 and licensure in 2002. However, two years ago the Chief Legal Counsel at the Department of Safety and Professional Services determined that the existing rule was not supported by the statute and that legislation was needed. Therefore, Assembly Bill 29 is designed to allow the existing practice to continue: to require that the

1,000 hours of direct client contact consist of DSM diagnosis and treatment. National Association of Social Workers Wisconsin Chapter has registered in support of this bill.

Motion to support AB29 carries; P. Cork and B. MacRitchie abstain.

M. O'Shasky appointed Christopher Wirth to the LPC as an alternate for the Association of Family and Marriage Counselors.

M. O'Shasky appointed Brenda Wesley to the LPC as an At-Large member.

Children and Youth Committee (CYC)

➤ Motion: Modify §46.53 Mental health treatment provider training

B. MacRitchie introduced a motion from the CYC that Wisconsin statute §46.53 be updated. The change would be to update language regarding the Mental Health Treatment Provider Training appropriation defined under s. 20.435 (5) (md) from the Federal Mental Health Block Grant, such that the Department shall distribute \$182,000 in each fiscal year to provide training for mental health treatment professionals. The existing legislation references training for new mental health treatment approaches in working with special populations, including seriously mentally ill individuals and children with serious emotional disturbances, and on the use of new mental health treatment medications. This language change from "may not distribute more than \$182,000" to "shall distribute \$182,000" would create a lower limit of spending under this funding category.

Motion to modify §46.53 carries; P. Cork and B. MacRitchie abstain.

M. O'Shasky appointed Inshirah Farhoud to the Children and Youth Committee.

Adult Quality Committee (AQC)

T. Hassinger noted she would be interested in taking a more active role on the AQC. Members of the WCMH discussed avenues for reframing the AQC's efforts. A new name would potentially help. Members noted the committee could be called the Adult Mental Health Committee, or the Mental Wellness Committee. The Executive Committee can discuss this further at the next meeting.

Criminal Justice Committee (CJC)

M. O'Shasky provided a briefing on recent CJC activities.

M. O'Shasky appointed Jacqueline Borthwick to the CJC.

Nominating Committee

No Nominating Committee updates have been made.

Item 6: Break

Item 7: Division of Care and Treatment Services Updates

Projects for Assistance in Transition for Homelessness (PATH)

K. Cram provided an update on the PATH program. In the State budget the PATH program is scheduled to be brought back to the DCTS, transitioning from the Department of Administration.

Trempealeau County Health Care Center (TCHCC)

K. Cram provided a briefing regarding the ongoing technical assistance the BPTR has been providing the TCHCC. These efforts have been in response to concerns over the long lengths of stay at the TCHCC. The BPTR has also been working with various counties that typically have had residents with longer lengths of stays. The BPTR staff and these counties will continue to troubleshoot this issue and continue to discuss to address the lengths of stays. R. Immler suggested that DBT would be something that could be of benefit in the community to help reduce the need for longer stays. The state would benefit from increased support by the State for DBT. K. Iverson Riggers encouraged the BPTR to look at the role Certified Peer Specialists could play at the TCHCC.

Item 8: Call for Future Agenda Items

The following future agenda items were noted:

- Strategic planning
- What role should mental health prevention play in the strategic plan?
- Engaging the Adult Quality Committee

Item 9: Adjourn

Meeting adjourned at 2:45pm