



State of Wisconsin

Wisconsin Council on Mental Health
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Meeting of the Wisconsin Council on Mental Health (WCMH)
November 14, 2018, 10:00 am to 3:30 pm
Division of Vocational Rehabilitation
1801 Aberg Avenue, Madison, WI and Via Conference Call

Members of the WCMH in Attendance: Mishelle O'Shasky, Inshirah Farhoud, Carol Keen, Lea Collins-Worachek, Barbara Buffington, Rick Immler, Matt Strittmater, Dan Kiernan, Tom Engels, Kimberlee Coronado, Bonnie MacRitchie

Guests in Attendance: Crystal Hester, Jerolynn Scaggs

Department of Health Services (DHS) Staff in Attendance: Joann Stephens, Ryan Stachoviak, Kenya Bright, Cory Flynn, Laleña Lampe, Teresa Steinmetz, Joyce Allen

Minutes

1. Call Meeting to Order

Welcome and introductions

Members of the WCMH and guests introduced themselves.

Read WCMH guidelines for conduct of meeting

I. Farhoud read the WCMH guidelines.

Review and approval of the minutes of September 12, 2018

M. Strittmater moved to approve the minutes of September 12, 2018.

L. Collins-Worachek seconded the motion.

Motion carried, minutes approved, R. Immler and B. Buffington abstained.

Announcements

M. Strittmater announced he has accepted the role of the Sheboygan County Health and Human Services Director. As he will be taking on this new role he will need to resign from the WCMH.

Public Comment

C. Hester, Public Policy and Advocacy Director with National Alliance on Mental Illness (NAMI) Wisconsin, discussed the Community Mental Health Services Block Grant (MHBG). C. Hester, on behalf of NAMI, endorsed the draft MHBG funding proposal that DHS had presented at the recent Council and committee meetings. C.

Hester asked that the WCMH continue to advocate for funding for NAMI Wisconsin and other community based organizations funded by the MHBG. Given the increase in MHBG funding, it would be beneficial for these family and peer run organizations for increased funding be provided to support these efforts. NAMI Wisconsin continues to see an increased need across the state and additional funding would allow the organization to better meet the needs of the people of Wisconsin. This past year NAMI Wisconsin provided numerous trainings, held the NAMI Wisconsin conference, the Healing Art Show, and 489 people were provided information and support. This number has increased drastically as NAMI Wisconsin continues to receive calls for resources and support. Other events that the organization has provided and supported are Action on the Square, CIT/CIP training, and the distribution of the NAMI Wisconsin resource guide across the state. C. Hester, on behalf of NAMI Wisconsin, asked the WCMH to endorse continued funding for NAMI Wisconsin and the other organizations funded by the MHBG.

2. Presentation on the Recovery Thermometer

L. Lampe from the Bureau of Prevention Treatment and Recovery (BPTR) provided a presentation on the [Wisconsin Recovery Thermometer](#) and [Pulse](#), Wisconsin-specific person-centered recovery measures for mental health or co-occurring mental health and substance use recovery. Both tools were developed by a team at the Wisconsin Department of Health Services in response to consumer requests and were tested by people in recovery from both mental health and substance use disorders. Both documents are available for public use on the DHS website.

3. WCMH Committee Reports, Discussion, and Consideration of Motions

Executive Committee

M. O'Shasky discussed the recent Executive Committee meeting. The Committee discussed initial plans for 2019 and planned for the Council meeting.

Members of the WCMH suggested drafting an introductory letter to be sent to Governor-elect Evers noting the meetings, highlighting goals for working together, and the need for WCMH appointments. WCMH members suggested the letter could also mention Department of Corrections expenditures and improving services in the criminal justice system, leveraging Medicaid, and the importance of collaboration among systems.

K. Coronado moved that the WCMH send an introductory letter to Governor-Elect Evers.

B. MacRitchie seconded the motion.

Motion carried.

Children and Youth Committee (CYC)

B. MacRitchie provided an update on the CYC. The committee continues to address workforce development, and further refining budget priorities. The CYC also plans to discuss MHBG funding and strategic planning for the coming year.

Legislative and Policy Committee (LPC)

C. Hester provided a briefing on the Budget Priority document. Members of the LPC have taken the lead on developing the document. The core document was presented and approved to the WCMH; however the document has since been refined so the LPC brought the document back to the WCMH to address any questions or concerns. The LPC hopes to start bringing the document to the Governor's office and to Legislators. The LPC, in collaboration with the other committees, hopes to include more details and numbers in the document prior to this.

R. Immler noted his hope that early intervention and prevention could become a focus of state efforts. The BPTR is somewhat limited to address these areas given the limitations of the MHBG, however it may be an area to focus on to help support the state to move in that direction. K. Coronado discussed that a broader hope through these efforts would be that the State could do more to look at root causes with children and youth. Other WCMH members noted that it may be valuable to highlight the importance of prevention, early intervention, and also crisis systems as all are important aspects of a comprehensive community mental health system.

Motion: Recommend that the WCMH endorse Disability Rights Wisconsin's recommendations in the organizations "DRW Ideas for Improving Wisconsin's HCBS Waiver" paper

C. Hester provided a briefing on a motion presented by LPC that recommends that the WCMH endorse Disability Rights Wisconsin's (DRW) recommendations in the organizations "DRW Ideas for Improving Wisconsin's HCBS Waiver" paper. The document had been submitted to DHS as part of the public comment process on Wisconsin's Home and Community-Based Services waiver request for adults.

Motion carried, T. Engels, D. Kiernan, B. MacRitchie abstained.

Criminal Justice Committee (CJC)

M. O'Shasky provided a briefing on the CJC. At the most recent CJC meeting the committee further discussed a motion to recommend the development of a forensic focused Certified Peer Specialist training. The committee also developed plans for 2019. The group plans to visit a tribal wellness court in September and will meet alternately in Madison and Milwaukee. The committee hopes to continue recruiting new members, especially people with lived experience.

Nominating Committee

No updates were made from the Nominating Committee.

4. Working Lunch

T. Engels left meeting at 12:15pm.

5. Division of Care and Treatment Services Briefing and Updates

J. Allen provided a briefing on the BPTR contracting process and various types of contracts including discretionary grants and formula grants such as community aids. Most grant contracts are on 5 year cycle,

however at times if the project is not complete the DCTS will request a waiver for a contract extension from DHS. J. Allen provided a briefing on an updated MHBG budget for 2019. Largely the BPTR is proposing to continue those areas of increased funding from the 2018 MHBG.

M. O'Shasky asked whether the funding includes options to provide reimbursement for people who are looking to get involved on the Council or a Committee while they are not yet an official member. K. Bright noted that chairs of the committees could contact Joann Stephens with the BPTR to ask for travel reimbursement for those peers who are not yet members of an official group. K. Bright noted has been utilized to support participation on the Recovery Implementation Taskforce (RITF) and broader state wide meetings where peers are at the table. In addition, a consumer or peer presenting with state staff at trainings can be paid at a rate for their training time.

K. Bright discussed the expansion of Certified Peer Specialist (CPS) trainings this past year. In 2019 12 trainings are scheduled for both the CPS curriculum and the Parent Peer Specialists curriculum. J. Allen noted that the hope is to keep funding training at an elevated level, and continue that into the future. The CPS advisory committee meetings will soon be held and it is hoped that this group can provide guidance on the future of the CPS program and what the BPTR's role should be.

R. Immler noted that there may be opportunity through the MHBG for expanding services for parents with Serious Mental Illness (SMI). T. Steinmetz noted that there are workgroups currently looking at expanding and promoting infant mental health consultation. J. Allen suggested that this may be an area to look at in the future.

J. Allen noted that suicide prevention has been an area that has been supported by the WCMH, and the BPTR plans to utilize the MHBG to continue to fund that effort at an elevated level. J. Allen discussed the National Suicide Prevention Lifeline Wisconsin-specific report produced by NASMHPD. Wisconsin has four agencies that take lifeline calls. However, only 30% of Wisconsin calls were received in Wisconsin, the majority went to other states. While these callers receive support these external partners may not know the Wisconsin system as well as someone who is in the state. This is an area where could make improvements. This past year the BPTR sponsored learning collaborative with county partners to improve the crisis system. In addition the Wisconsin County Human Services Association (WCHSA) has produced a paper on crisis mental health services in Wisconsin which details the increased crisis service needs in the state. To address this need the MHBG budget also includes an increase in funding for the community crisis intervention system.

Future MHBG discussions that members of the WCMH noted were presentations on statutes, outcomes and indicators, linking needs to block grant dollars, overall progress and outcomes, sustainability, contract specific outcomes.

6. Call for future WCMH agenda items

Topics for future meetings that were noted are block grant statutes, a presentation from Independent Living Resources, the MHBG report, and Council bylaws.

7. Adjourn

Meeting adjourned at 2:38 pm.