



State of Wisconsin

Wisconsin Council on Mental Health

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Meeting of the Wisconsin Council on Mental Health

March 16, 2016

10:00 am to 3:30 pm

Division of Vocational Rehabilitation

AV Conference Room at 1801 Aberg Avenue

Madison, WI 53704

Members of the Wisconsin Council of Mental Health in Attendance: Charlotte Matteson, Carol Keen, Kathryn Bush, Kathleen Enders, Shel Gross, Mishelle O'Shasky, Matt Strittmater, Tracey Hassinger, Donna Wrenn, Barb Buffington, Julie-Anne Braun, Rick Immler

Department of Health Services Staff in Attendance: Kay Cram, Joyce Allen, Dan Kiernan, Ryan Stachoviak

Guests in Attendance: Renee Sutkay, Brad Schlough, Joanne Juhnke

MINUTES

Item 1: Call Council Meeting to Order

Review and Approval of Minutes of WCMH meeting of January 20, 2016

C. Keen moved to approve the minutes of January 20, 2016.

M. O'Shasky seconded the motion.

Motion carries, K. Bush abstains.

Announcements

M. O'Shasky announced that Empowerment Days will be held May 10th and 11th in Madison. K. Bush announced that DPI has published the Wisconsin School Mental Health Framework:

<http://dpi.wi.gov/sites/default/files/imce/sspw/pdf/mhframework.pdf>. D. Wrenn announced the

Stepping Stones to Recovery SOAR Training will be held on April 21-22. S. Gross announced that registration is open for the Prevent Suicide Wisconsin conference. S. Gross announced that the Zero Suicide Academy has received applicants. Decisions will be made soon regarding those applicants.

Public Comment

No public comment was made.

Item 2: Promoting Recovery from Onset of Psychosis

Renee Sutkay and Brad Schlough from the Journey Mental Health Center (JMHC) provided a presentation regarding the Promoting Recovery from Onset of Psychosis (PROPs) early intervention program. The PROPs program is based on a Coordinated Specialty Care (CSC) early intervention model with is designed to intervene with young people aged 15-25 who are experiencing a first episode psychosis. The program emphasizes recovery, shared decision making, family involvement, and youth centered services. R. Sutkay noted that conducting multiple avenues of outreach is a key part of the PROPs efforts. M. O'Shasky recommended engaging with probation and parole. K. Enders recommended outreach with the Division of Vocational Rehabilitation (DVR). D. Wrenn suggested that the PROPs conduct outreach with the PATH program.

R. Sutkay noted that working with commercial insurance companies has been a challenge faced by the program. Some insurance will reimburse for components of the program, however it is a time consuming process for the PROPs staff. Commercial insurance is a challenge. Lack the resources to challenge the insurance companies. J. Allen recommended connecting with Disability Rights Wisconsin (DRW) regarding issues around parity law.

Item 3: Wisconsin Budget Cycle

S. Gross provided a briefing on the budget process. In even years, such as 2016, State agencies provide budgets to the Governor for consideration. In odd years, such as 2017, the Governor will introduce a budget and the budget will then go through the Joint Finance Committee process. In roughly May or June of that year both houses of the Legislature will consider the budget for passage. The WCMH may be able to advocate for items to be included in the Governor's budget. It is important that all committees are empowered to provide input. All priorities do not have to be done though the budget process however. Some things can be done directly through the State departments.

For the WCMH to provide input the Council should develop a first set of budget and policy priorities in May. In May through August the committees could meet with the State Departments to provide feedback and identify the level of interest regarding the priorities. In September the Council should review the agency requests which are made to the Governor, and perhaps revisit the priorities based on the feedback from the State agencies. In October through December the WCMH can work to meet with Department of Administration (DOA) budget staff and staff from the Governor's Office. In January through February the WCMH should review the Governor's budget and in March through April advocate for priorities with the Joint Finance Committee. In May to June there may be some last options to conduct advocacy around the priorities.

R. Immler noted that a primer regarding the dollars which are spent on behavioral health by each state agency would be helpful for Council members. K. Bush noted that much of the mental health dollars provided via some agencies, such as the Department of Public Instruction, is from grants rather than General Purpose Revenue. R. Immler suggested that the presentation provided by S. Gross be included as part of the future online WCMH orientation.

Item 4: Working Lunch

Item 5: Council Committee Reports, Discussion and Recommendations

Executive Committee

M. Strittmater discussed the Substance Abuse and Mental Health Services Administration (SAMHSA) Planning Council Technical Assistance Academy which M. Strittmater, M. O'Shasky, and J. Braun have been involved. The members are involved in broader topic conference calls with other states, and will also have Wisconsin-specific sessions as well. Likely the team will plan to discuss committee structures, leadership, and how to put the committees in a place to succeed. M. Strittmater will inform the Council members of the phone call topics and make the meetings available for other members to participate if there is interest. The Executive Committee also recently discussed committee missions and duties. The Council and committee will need to revisit missions and scope of practices in the near future. M. Strittmater will be reaching out to the Governor's Office to see what action can be taken to appoint new members.

Legislative and Policy Committee (LPC)

S. Gross noted that the LPC has been discussing budget priorities. Paula Buege, co-chair of the LPC has resigned. S. Gross announced that his term on the WCMH ends in July. Council bylaws require that each committee have one co-chair who is a member of the WCMH. S. Gross noted that he could reapply for reappointment and mentor a new individual. A member of LPC could apply also for the WCMH, or there could be a member of the WCMH who could join the LPC.

S. Gross discussed legislation which the WCMH had previously taken positions on. The Senate met on March 15th. AB52, regarding the Treatment Alternatives and Diversion (TAD) program, did not move forward but could be revised next year. AB408/SB293, which pertained to behavioral health care coordination pilot projects, a psychiatric consultation reimbursement pilot project, and access to information on availability of inpatient psych beds, was signed passed and signed by the Governor. One big concern which was expressed to the DHS is the impact on people the bed tracking component would have. It is possible that this would encourage the placement of people far outside of their home community. AB414, regarding the Medical Assistance Purchase Plan (MAPP), may be addressed in the Governor's budget. The WMCH had opposed AB480, regarding carrying a firearm on universities, did not move forward. AB568, regarding terminating a tenancy for criminal activity or drug-related criminal activity, was opposed by WMCH, however the bill was enacted. Legislation which would clarify zoning for peer-run respite centers, AB708, which was supported by the WCMH, did not move forward. The LPC discussed this bill and noted that in the future it is worth putting time in advocating for a companion bills so that the two bills can move forward together. Alternatively, the WCMH could advocate for co-sponsorship of bills in the Senate in addition to the Assembly.

Children and Youth Committee (CYC)

J. Juhnke provided a CYC update. The CYC has been working on school-based mental health. The CYC is looking to further investigate collaboration among clinicians and schools and sources of funding for collaboration. The most recent CYC meeting largely centered on the State budget, but the committee also reviewed the list of recommendations from Mental Health 2.0, and had an update on the CST report. The CYC will further discuss the budget priorities at upcoming meetings. The CYC has also been discussing whether any actions should be taken to continue supporting CST as it has been some time

since the expansion of CST. M. Strittmater suggested that one area of support may be regarding the opportunity for potential overlap between CCS and CST and the efficiencies which this could create. R. Immler requested that the WCMH be provided a breakdown of CST funding by source. S. Gross asked whether there is any value in the WCMH supporting the Wisconsin School Mental Health Framework. K. Bush suggested that Council members read the document and the Council can revisit the topic at a future date.

J. Juhnke discussed the Seclusion and Restraint in Wisconsin Public Schools report. This report is a collaborative effort between Wisconsin Family Ties, Disability Rights Wisconsin, and Wisconsin Facets. The report provides policy recommendations which the CYC may revisit in the future. In 2012 Wisconsin started statutorily regulating seclusion and restraint in schools. Schools are required to track seclusion and restraint and provide the data to their school boards. This report is the result of open requests to school boards and the compiling of that data. This year's report highlights that there is a high number of seclusion and restraint incidents occurring. The report also recommends policy changes. The top recommendation has to do with data collection so that this information is readily available and collection is standardized. The report also recommends that the law should apply to any publicly funded school and that school resource officers should also be required to follow the law. There are efforts to work with members of the Legislature on these policy changes. K. Bush stated that in both years of the report a portion of the open records requests were not honored. Either these schools are not collecting the information or are not providing that information. Some of the school districts would not provide the information due to low sample size. J. Juhnke discussed the creation of a Children's Caucus in the Legislature. Not much is known about it at this time, but it may be another avenue to bring children's topics forward.

M. Strittmater appointed B. Buffington to the Children and Youth Committee.

Criminal Justice Committee (CJC)

M. O'Shasky announced that Tamara Oman was appointed as co-chair of the CJC by Matt Strittmater.

Adult Quality Committee (AQC)

D. Wrenn provided a briefing on the AQC. Faith Boersma of DMHSAS provided a presentation on Peer Run Respite at the most recent meeting. Alice Pauser from Access to Independence also provided a presentation.

Nominating Committee

S. Gross discussed WCMH applicants. S. Matic has reapplied to the WCMH. She had previously applied in 2014. At the time, after her interview, the Nominating Committee recommended that she become involved in the Children and Youth Committee. S. Gross conducted another interview with Ms. Matic. Based on that interview, Ms. Matic's expressed interest, and contacting references, the Nominating Committee made a motion to not recommend her for appointment to the WCMH.

Motion to not recommend Snezana Matic for appointment carries.

S. Gross discussed Sheli Jo Metzger. Ms. Metzger identifies herself as an advocate. Ms. Metzger has background in co-occurring disorders. The Committee felt that it would be valuable to have someone with knowledge of co-occurring disorders on the Council.

Motion to recommend Sheli Jo Metzger for appointment to the Council as an advocate representative carries.

Item 6: Division of Mental Health and Substance Abuse Services Update

SAMHSA Site Visit

J. Allen announced that the Substance Abuse and Mental Health Services Administration (SAMHSA) will be conducting a site review of DMHSAS August 15 to 19. The review will ensure that Wisconsin is in compliance with Federal requirements. As part of the visit SAMHSA representatives would like to meet with members of the WCMH. The WCMH portion of the visit is scheduled for Tuesday August 16 from 1:30pm-4:00pm. SAMHSA will later present its findings.

Referrals for Competency Placement

J. Allen noted that a few years ago the State budget added additional beds at the Mendota Mental Health Institute (MMHI) to provide forensic beds for treatment to competency services. There has been an increase in referrals by the county boards for those services. The DHS has the responsibility to provide the services for people who require treatment to competency or are determined to be not guilty by reason of insanity. There is a waiting list for the beds which makes people wait more than 30 days in jail for services. As such DHS is working to open 40 more beds at MMHI, but this will take time. In the meantime the DHS is working to provide alternatives. One effort is to provide community-based services for people who are currently in the MMHI or the Winnebago Mental Health Institute (WMHI). It is hoped this will reduce the number of people in the institutions.

Another effort is that DHS aims to shorten the time it takes to return a person back to the court setting post-treatment. DHS is also looking at providing treatment at local jails. These individuals be provided services and then be transferred to an institute when the bed becomes available. This would decrease the wait time for treatment.

S. Gross asked if data could be provided to the WCMH to see where the highest rates of people coming into the criminal justice system from and how this relates to the number of people being served by the counties. R. Immler requested more information related to the cost. J. Allen will provide numbers for Wisconsin in comparison to other states. Matt suggested the data requests be brought to the DHS through a formal data request via the Executive Committee as per WCMH procedures.

Crisis Assessment Funding

K. Cram discussed funding which was provided via the State budget for Crisis Assessment. DMHSAS was able to provide funding to 18 counties or consortia. The proposals varied, however all were centered on Emergency Detention assessment being in-line with DHS 34 by being conducted by a licensed mental health professional.

Item 7: Open Discussion - “Who are We, Why are We Here?”

C. Matteson and T. Hassinger shared stories.

Item 8: Call for Future Agenda Items

Future agenda items which were noted:

1. Plans for Family Care
2. First Episode Psychosis presentations from Rick Immler
3. Psychiatry shortage presentations from Rick Immler
4. Medicaid data and mental health costs
5. DMHSAS efforts regarding mental health hospitalization rates and State spending
6. Analysis and review of reports

Item 9: Adjourn

Meeting adjourned at 3:20pm.