



State of Wisconsin

Wisconsin Council on Mental Health
mhc.wisconsin.gov

Meeting of the Wisconsin Council on Mental Health (WCMH)

September 11, 2019

10:00 am to 3:30 pm

Division of Vocational Rehabilitation

1801 Aberg Avenue, Madison, WI – Conference Room 101 and via Conference Call

Members of the WCMH in Attendance: Holly Audley, Lea Collins-Worachek, Kimberlee Coronado, Inshirah Farhoud, Lynn Harrigan, Crystal Hester, Kevin Kallas, Carol Keen, Dawn Shelton-Williams, Sheryl Smith, Peter Thao, Ana Winton, Jerolynn Bell-Scaggs (via teleconference), Kristin Welch (via teleconference)

Department of Health Services (DHS) Staff in Attendance: Cory Flynn, Ryan Stachoviak, Teresa Steinmetz

MINUTES

1. Call Meeting to Order

I. Farhoud called the meeting to order, members of the WCMH held introductions. Guidelines of conduct for meetings were read. I. Farhoud asked R. Stachoviak to assist with facilitating the meeting.

Review and approval of the minutes of July 17, 2019

L. Collins-Worachek moved to approve the minutes of July 17, 2019

C. Keen seconded the motion.

Motion carried, minutes approved.

Announcements

L. Collins-Worachek discussed efforts to ensure the vocational rehabilitation services are provided in a skillful manner for people who have a mental illness diagnosis. Being trauma informed will be an important part of providing vocational rehabilitation services. C. Hester announced that the first week of October is Mental Health Awareness week. NAMI Wisconsin is holding the Healing Arts Show, which kicks off on October 5th. Sixty pieces of art will be on display. J. Bell-Scaggs announced that September is Suicide Prevention Month, and Recovery month. K. Coronado attended the Governor's Taskforce on Caregiving. The taskforce plans to identify recommendations that can be made by next September. No public comment was made.

2. Discussion of WCMH Leadership and Leadership Election

Members of the WCMH discussed the vacant leadership positions on the Council. The Council is in need of a Vice Chair, and Second Vice Chair. I. Farhoud had agreed to serve in the role of Chair in an interim basis, but would like to have someone take over that role permanently. K. Coronado expressed that she would be willing to serve

in the role of Vice Chair. L. Collins-Worachek expressed that she would be willing to serve in the role of second vice chair.

L. Harrigan moved that Kimberlee Coronado be appointed WCMH Vice Chair and Lea Collins-Worachek be appointed as Second Vice Chair.

C. Hester seconded the motion.

Motion carried unanimously.

I. Farhoud agreed to serve in the role of Interim Chair until the November meeting, at which time another vote can be held to appoint a formal Chair for the WCMH.

3. 2020 WCMH Planning

Members of the WCMH discussed opportunities and potential areas for the Council to discuss and address in 2020. The following topics were suggested by members of the Council:

1. Workforce capacity, education on careers, encouraging people to join the behavioral health field.
 - a. Address the workforce needs for the Hmong community, clinical training for serving the Hmong community. Mental health clinics devoted to providing mental health services for the Hmong community. Ensuring people are trained in culture and tradition.
2. Making trauma therapies a basic tool, rather than a specialized certification. This could be done through training opportunities for providers.
3. Addressing high suicide rates among the Tribal communities.
 - a. Ensuring culturally appropriate services are provided.
4. Addressing social determinants of health.
5. Addressing how people gain an understanding of the culture of the communities that are served.
 - a. The role of culture in wellness.
6. Discussion of issues of access to services, in particular early access.
 - a. How people access services and tools for people to find services and resources.
 - b. Address and respond to the stress experienced by family members as they try to find resources for their loved ones.
7. Increasing the use of peer specialists.
 - a. Ensuring that peer specialists are being used in the behavioral health system in the right ways.

Members of the WCMH identified the following topics as future discussion items for the Council:

1. Discussion of white papers, the language that the Council uses, and how they are utilized to guide Council practice.
2. How the bylaws inform what is done with public comment.
3. Revisit meeting guidelines, should we add information on the scope and role of the Council?
4. How do we discuss/clarify the role and scope of the Council?
5. Gaps analysis discussion.
6. Suicide prevention legislation in Wisconsin.

Members of the WCMH noted that it would be helpful for the group to have informational discussions in the future on Medicaid, and how it interacts with mental health and substance use services. Trauma would be another important discussion topic, learning about historical and race-based trauma, and trauma informed care. In particular how trauma has impacted communities in Wisconsin.

4. Working Lunch

5. WCMH Committee Reports, Discussion, and Consideration of Motions

Executive Committee

The Executive Committee had approved testimony on dyslexia legislation that K. Coronado was able to provide at a public hearing.

Children and Youth Committee (CYC)

No CYC update was made.

Criminal Justice Committee (CJC)

L. Collins-Worachek provided an update on the CJC. The CJC continues to address membership, ensuring there is a diverse and representative group. The Committee is hoping to create an open, accessible culture where people feel welcome and not intimidated. Want to look at membership and making it a safe environment.

Members of the WCMH discussed the importance of having accessible, approachable meetings at the WCMH level as well. It is important for the community to have opportunities to provide feedback and input to the Council and the committees. It is also important to consider the venue and the community organization at which meetings are being held.

Members of the WCMH discussed the importance of clarifying where those areas are that the Council has influence and can make an impact. This could be in addition to those things that the Council is tasked with, such as looking at the Mental Health Block Grant.

C. Hester suggested it may be worth asking to meet with the Governor's staff to ask how the Council can be an active participant. Moreover, it would be helpful for the Council to know what the Governor would like the Council's role to be.

Legislative and Policy Committee (LPC)

C. Hester provided an update on the LPC. The committee continues to review the state budget that was passed, looking at how it will be implemented. The committee will track legislation and can provide updates to the WCMH. The LPC hopes to have continued discussion on how the committees and Council can respond to events of mass gun violence.

Nominating Committee

Members of the WCMH discussed the role of the Nominating Committee. S. Smith and D. Shelton-Williams expressed interest in getting involved with the Adult Quality Committee.

6. Division of Care and Treatment Services (DCTS) Briefing and Updates

H. Audley provided a briefing on state budget initiatives. The DCTS is designing implementation strategies for those initiatives that were assigned to the DCTS. This includes the change of the state now covering the non-federal share of crisis services. The DCTS is working with Medicaid to address a payment structure. Additional initiatives that are being addressed include the Mendota Juvenile Treatment Facility expansion, an admissions unit at the Winnebago Mental Health Institute to better triage people, and Opening Avenues to Reentry Success (OARS) expansion.

The DCTS continues to implement the Veterans Peer Run Respite with its partners. The respite will open on Veterans Day in Pewaukee, and will be called the R and R House. The DCTS continues to work on the Youth Crisis Stabilization rule. Once the emergency rule is finalized, the DCTS will be able to issue a funding opportunity.

Members of the council discussed long-term care programs and associated rate increases. T. Steinmetz suggested that the WCMH could request to have someone from Long Term Care come attend a future Council meeting for further discussion.

7. Call for future WCMH agenda items

Future agenda items that were noted:

- Discussions on Long Term Care
- Foundation laying presentation on the Wisconsin mental health system for the Council
- Additional planning for 2020

8. Adjourn

Meeting adjourned at 3:30 pm.